

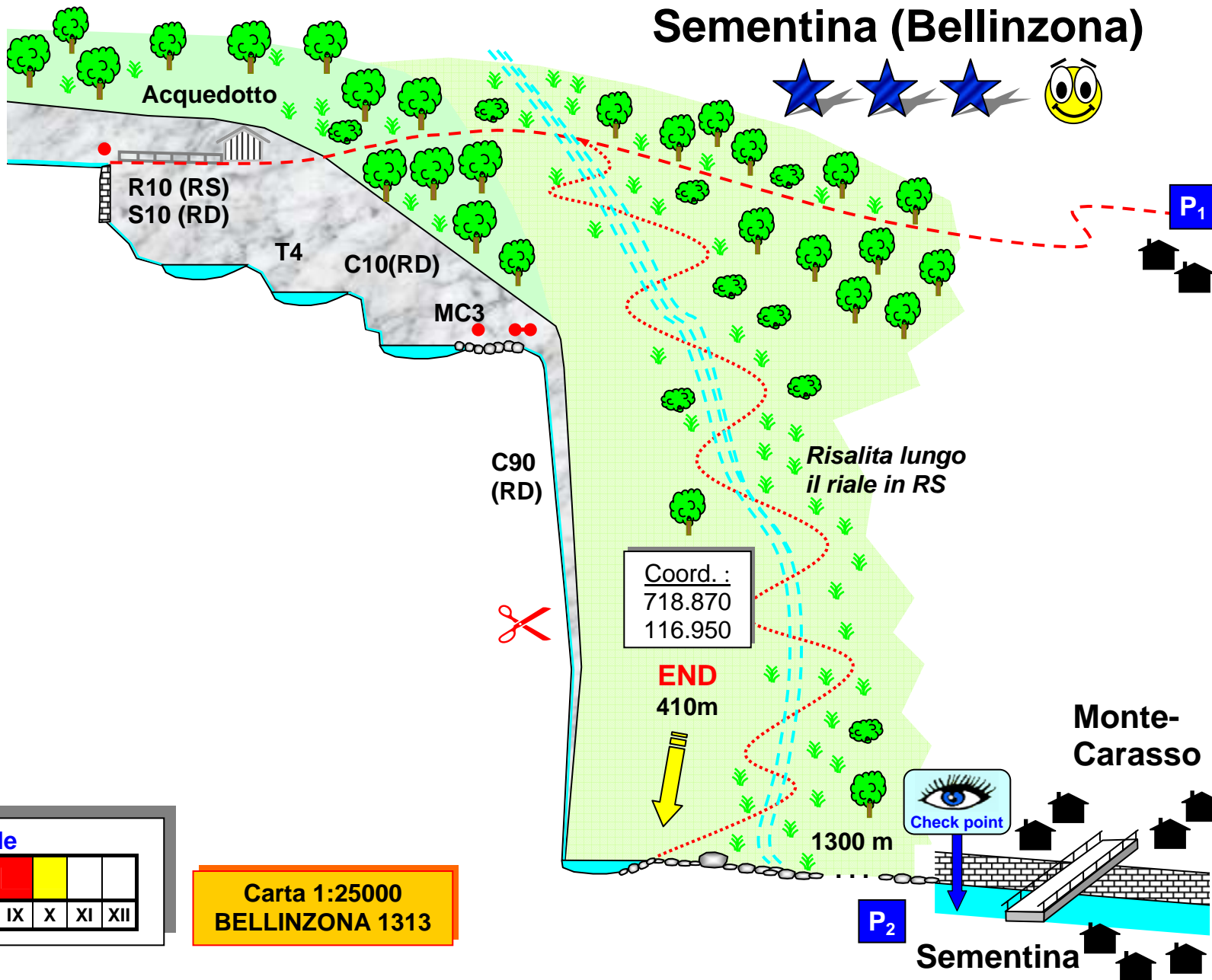
Valle di Sementina







Sementina (Bellinzona)

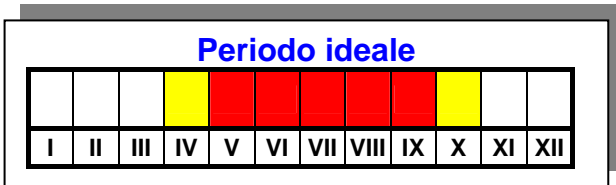


START
520m

Coord. :
718.760
116.980



-  **3a, 5b, II**
-  **3A, 1D**
-  **1 h**
-  **110 m**
-  **50 min**
-  **10 min + 20 min**



**Carta 1:25000
BELLINZONA 1313**

END
410m

Coord. :
718.870
116.950

Monte-Carasso

Sementina